

## Annual Membership Application

Please complete both sections. Membership is required for CHHA - National and CHHA - Calgary.

### CHHA - National *(includes "Listen" Magazine)*

- Individual \$25.00
- Family \$40.00
- Organization \$70.00
- Lifetime Member \$300.00

### CHHA - Calgary

- Individual/Family \$10.00
- Organization \$10.00

Please make one cheque payable to:

Canadian Hard of Hearing Association - Calgary  
 or CHHA - Calgary  
 63 Cornell Road NW  
 Calgary AB  
 T2L 0L4

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

TTY: \_\_\_\_\_

Fax: \_\_\_\_\_

E-Mail: \_\_\_\_\_

## Our Mission

To promote self-help, advocacy, information and visibility for the hard of hearing.

## Our Vision

"A strong voice for the hard of hearing."

## Meetings

We meet on the second Monday of each month (unless it falls on a holiday) at 7:30 PM excluding January, June, July & August at:

### Deaf & Hard of Hearing Services

63 Cornell Road NW  
 Calgary AB  
 T2L 0L4

*(Near the Northwest corner of Northmount Drive and 14th Street NW)*

All meetings are accessible with Real Time Captioning and Assistive Listening Devices

### Visitors always welcome!

For more information, contact:

Canadian Hard of Hearing Association - Calgary

**(403) 284-6224** info@chha-calgary.ca  
 voice mail email



# Hearing Loss?

*Find out More . . .*



## Hearing Loss - The Invisible Disability

Hearing loss affects 23% of the population of Calgary. It can occur at any age and be caused by noise pollution, accident, illness, medication side effects, the aging process or genetic reasons.

## Who is Hard of Hearing?

Any person who uses speech to communicate and has a hearing loss ranging from mild to profound. Most late-deafened adults identify as hard of hearing.

## Don't Live in Isolation

Communication is our most vital link with people and the warmest form is the spoken word. That's why most of us prefer a phone call to a letter.

The conversation you long for could end in frustration over a missed word or phrase. The speaker may be annoyed if forced to constantly repeat, or the missed word could change the entire meaning of a conversation.

Anyone with a hearing loss knows too well the isolation and frustration caused by miscommunication.

Contact CHHA - Calgary for a FREE copy of *Ear Smarts: The Hearing Loss Handbook*

*The more you know about your hearing loss the better you will live with it.*



## Some Signs of Hearing Loss

- ◆ Feeling that people are mumbling and do not speak clearly
- ◆ Difficulty understanding women's and children's voices
- ◆ Frequently asking people to speak up or to repeat themselves
- ◆ Difficulty following a conversation in a noisy environment
- ◆ Turning the volume on the TV or radio louder than needed for others
- ◆ Difficulty communicating with family members when in another room
- ◆ Hearing better from one ear than the other
- ◆ Sitting up front in church, auditoriums or meeting rooms
- ◆ Missing important details or instructions at work
- ◆ Withdrawing from social functions
- ◆ Having others comment on your inability to hear

## Be Proactive About Your Hearing Loss

CHHA - Calgary promotes self-help among hard of hearing people to enable them to successfully manage their hearing loss.

At scheduled meetings, workshops and social functions, we share information to help make daily life easier for the hard of hearing.

Our guest speakers present interesting subjects that benefit the hard of hearing, their families, friends and hearing members of the public.

## CHHA - Calgary Goals

- ◆ Promote self-help for those with hearing loss
- ◆ Advocate for those who need support
- ◆ Educate the public on the challenges of the hard of hearing, and how they can assist those with hearing loss
- ◆ Provide assistance to continually improve the knowledge and skills of professionals who deliver health, education and rehabilitation services to the hard of hearing

